## Hello PVNT Community,

## This month we are highlighting ADT skier: **Dudley Krenz**



Dudley, a 12 year old PVNT skier, has been skiing for years but just last season decided to try racing. We talk a lot about how racing is not our only focus and I think Dudley is the perfect example of that. I remember asking him at practice if he wanted to race at the upcoming Plain Washington Nordic Cup and he said, "Nope, I'm going to ride my snowmobile instead." Last fall, I asked Dudley if he thought he would try racing in the winter and to my surprise, he said that he would like to. It has been a pleasure to watch Dudley step out of his comfort zone, challenge himself, overcome that challenge and be ready for the next challenge, whether that be adventure skiing, skier-cross jumps or a nordic race.

~ Gabe Assistant Coach Plain Valley Nordic Team

August 2023- Skier Profile Interview featuring Gabe Norby, PVNT Assistant Coach and Dudley Krenz

If you could use three words to describe yourself, what would they be? *Literal, Musical, Determined* 

How long have you been a skier for PVNT? Half of my life – 6 years

**What made you want to start Nordic Skiing?** *I kind of started Nordic skiing because it was just here out my front door but I really have been more determined to improve in the past 2 years.* 

**What is your favorite PVNT activity and why?** Adventure Skiing – because it isn't a designated course and you have to react quickly

What was your most challenging moment that you overcame? *Deciding to race.* 

What do you love about Nordic Skiing? Having fun with my friends and getting better at skiing while doing it.

What gives you the most drive to work hard at practices? *Just to get better.* 

What are your goals for this coming winter? *To improve in races.*