

# PLAIN VALLEY Adventure Women

*Plain Valley Adventure Women (PVAW) seek to bring women together to explore, connect, improve their outdoor skills and enjoy the diverse activities our community offers, in a fun and supportive way.*

## 2024 PVAW Summer Program Schedule

We will launch our summer program with Ziplining at Mountain Springs! You will zip from ridge to ridge over Beaver Creek Valley for some amazing views.

### **Wednesday, May 22nd**

*Leavenworth Ziplines*

1:45-4:15 Mountain Springs

Max 12 people, cost - gratuity only

### **Wednesday, May 29th**

*Fly Fishing*

Allan Warmen from Wenatchee Valley Fly Fishers will be teaching the skills of fly fishing.

Max 8

### **Wednesday, June 5th**

*Birding the Wenatchee River and Nature Meditation.*

Mary Gallagher and Kerry Hinds will be leading the group.

### **Wednesday, June 12th**

*Making Woof'em Sticks.*

Scott and Dorothy Baker will help us make our own Woof'em Sticks. You are in for a treat!

Max 12 people.

### **Wednesday, June 19th**

*Weaving Pine Needle Baskets.*

Dede Shilling will be teaching this process and we will each make our own!

Max 12 people

### **Wednesday, June 26th**

*Learn to Golf.*

Kahler Glen's Golf Pro Taylor Solem, Elizabeth Pollock, and Jenni Bunkleman will teach us how to power a golf club!

Max 16 people

**July 10th TBD**

**Wednesday, July 17th**

*Wenatchee River Paddle.*

Anita Johnson will host a kayak/SUP float from the State Park to her home on the Wenatchee River.

**Wednesday, July 24th**

*Jewelry Making.*

A combined event with the PVNT girls.

**Wednesday, July 31st**

*Learn to Salsa Dance*

**Wednesday, August 7th**

*Water Aerobics at Kahler Glen Pool.*

Elizabeth Pollock and Jenni Bunkleman will be leading the team!

**Wednesday, August 14th**

*Cookie Decorating.*

Paula Deboo will share her cookie decorating skills!

Max 10

**Wednesday, August 21st**

*Soap Making*

Demonstration with Sarah Michels.

Max 20

**Wednesday, August 28th**

*Getting Saucy* with Marci Scott and learning how to make fresh pasta.

This will be our dinner! 4-7pm

Max 20

**Wednesday, September 4th**

TBD

**Wednesday, September 11th**

TBD

**Wednesday, September 18th**

*Dry Foraged Plant Arrangements.*

Julie England shares her talents!

Max 12

**Wednesday, September 25th**

End of the Season Dinner

**PVAW Social Events**

**Thursday, June 13th**

*Poetry Reading by Cynthia Neely*

4-6PM at Plain Cellars

**Thursday, July 11th**

4-6pm Plain Brewery

**Thursday, August 8th**

4-6pm Plain Cellars

**Wednesday, September 25th**

*End of the Season Dinner*